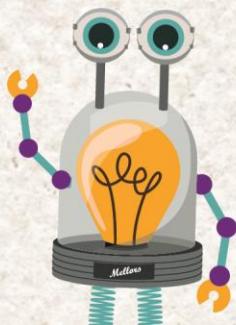




WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Cheese and ham Pizza	Spaghetti bolognaise 	Roast pork Stuffing and gravy 	Cheese burger in a soft bun	Fish and curry sauce
VEGETARIAN MAIN DISH	Butternut squash and cheese pie	Tomato and herb pasta 	Quorn sausage Stuffing and gravy 	Quorn burger in a soft bun	Vegetable nuggets
ACCOMPANIMENTS 	Potato wedges Seasonal vegetables Salad bar	Crusty bread Seasonal vegetables Salad bar	Roast potatoes Seasonal vegetables Salad bar	Herby potatoes Seasonal vegetables Salad bar	Chips Seasonal vegetables Salad bar
DESSERTS	Sultana shortbread	Chocolate crunch	Fruit crumble and custard	Apple flapjack	Artic roll and fruit
FRESH FRUIT & YOGHURT 	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATOES	Oven Baked Jacket Potatoes	Oven Baked Jacket Potatoes	Oven Baked Jacket Potatoes	Oven Baked Jacket Potatoes	Oven Baked Jacket Potatoes



MENU



Fuel your afternoon with
a healthy school lunch
from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION